

## Appreciation Activates Hidden Potentials

### Telephone/web-based seminar in “Appreciative Inquiry”

Available on mutual agreement of five to seven participants

This seminar is suitable for Coaches, Trainers, Consultants, Human Resources staff and Executives, irrespective of where they are based, as the training sessions are conducted via phone- and/or web-based conferencing facilities.

#### Our Intention:

All participants have internalized appreciation as a way of seeing themselves and the world. All participants are empowered and inspired to develop and facilitate Appreciative Inquiry processes.

Appreciative Inquiry is a new way of learning. Jointly we inquire what are already there as positive procedures, projects and experiences. Analysing mistakes (error analysis?) will be replaced by analysing success (performance analysis?). Resources of teams will be used freely and create value. This way entrepreneurial important changes and actions will be induced while at the same time, on a human level, a solid basis for understanding, trust and personal fulfilment is being created/developed.

#### Areas of focus:

1. Discovering and understanding the power of Appreciation
2. Accessing appreciative awareness of ourselves and our surroundings
3. Discovering potentials and developing structures to support their realization
4. Learning and applying the methods of Appreciative Inquiry

#### What the training is like:

Just imagine a vivid seminar with tailored exercises, supervision and group work, keynote talks, breaks and exchange of experiences. All participants are appreciatively and dynamically involved in the conversation throughout the regularly scheduled units of the seminar.

Under professional guidance, we quickly open up a space of trust, a space where all participants learn with and from each other. The creative design of the course provides for an atmosphere of tremendous relaxation and intensity at the same time.

There are also one-on-one sessions with your coach, which create another context for you to question and develop any areas of particular importance to you.

### How it works (training program):

- Five phone- or Web-based seminars of three hours each (with a break in the middle) alternating with
- Four 1.5-hour group meetings (phone or web).
- One-on-one coaching as needed with one of the seminar leader
- Reflexion partnerships among the participants
- Experiments and exercises between the seminar units

For every participant the conception and implementation of his/her own Appreciative Inquiry process will be part of the (or every participants's) training.

### Time Frame:

Total duration 4-5 months

The dates of the seminar units and the group meetings will be set in alignment with all participants.

### Fee:

On request

Seminar leaders and coaches are Gertraud Wegst and Dr. Reto Diezi.

Both are personally available to you for your questions and to register:

[gertraud.wegst@wertschaetzer.com](mailto:gertraud.wegst@wertschaetzer.com)      phone +49 (0)6408 5034994  
[reto.diezi@theappreciators.com](mailto:reto.diezi@theappreciators.com)      phone +41 (0)61 4213075

You can find further information about our phone- and web-based seminars and the potential of coaching on our website.

With a warm welcome and thanks for your interest,  
Your APPRECIATORS